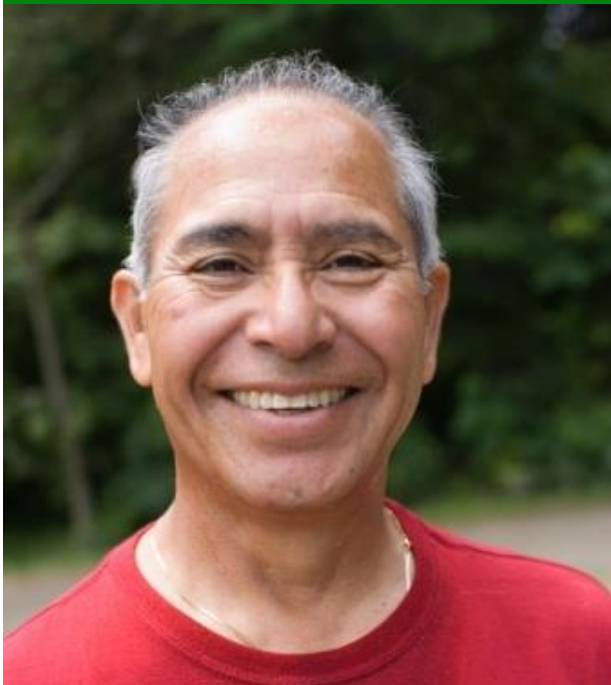




With Chronic Conditions

Put Life Back in Your Life



Sign up now for a LiveWell Workshop!



Spring 2017

is offering **LiveWell With Chronic Conditions and Chronic Pain** programs in the following communities this spring. These programs provide practical suggestions and support to build confidence in coping with the everyday challenges of a chronic condition. Groups of approximately 12 participants are led by two trained Peer Leaders and meet for 2½ hours, once per week, for six consecutive weeks. There is no cost for the programs and they are offered year-round in various communities.

Below is the list of dates and locations of the classes.

Please call 306-446-8613 or 1-888-922-5867 to confirm which workshop you wish to attend. Feel free to leave a message on voice mail and your call will be returned as soon as possible.

Battleford Alex Dillabough Center✓ Chronic Conditions	Mondays March 6 - April 10	ALL TIMES LOCAL 11:00 am – 1:30 pm
Meadow Lake Madill's Drugs✓ Chronic Conditions	Thursdays March 23 – April 27	1:00 – 3:30 pm
North Battleford Primary Health Centre, Conference Room #1✓ Chronic Conditions	Wednesdays April 12 – May 17	5:30 pm – 8:00 pm
Lloydminster Prairie North Plaza✓ Conference Room #1 Chronic Conditions	Thursdays April 13 – May 18	1:00 – 3:30 pm
Lloydminster Prairie North Plaza✓ Multipurpose Room-con. Rm #2 Chronic Pain	Thursdays June 1 – July 6	5:00 pm – 7:30 pm
North Battleford Library✓ Chronic Pain	Tuesdays June 6 – July 11	1:00 – 3:30 pm

