



H1N1 Influenza

Immunization Clinics

Immunization is your best defence against the flu.

If you have not yet received your H1N1 or seasonal flu shot, you are encouraged to do so at any of the following Immunization Clinics.

The Clinics are also accommodating Second Dose H1N1 Vaccination for Children.

Prairie North Health Region has also scheduled another Mass Immunization Clinic in Lloydminster on Wednesday, December 16. Please note the time and location below.

REVISED
Clinic Schedule
as of 9:00 a.m.
Monday, Dec. 7

WHERE	WHEN		
GLASLYN Glaslyn Elks Hall	Monday	Dec. 7	10:00 a.m. - 1:00 p.m. CST
GOODSOIL Seniors Activity Centre	Monday	Dec. 7	10:30 a.m. - 2:30 p.m. CST
LASHBURN St. James United Church, C.E. Wing	Monday	Dec. 7	9:30 a.m. - 12:30 p.m. & 1:30 p.m. - 3:30 p.m. MST
LLOYDMINSTER Community Health Services Building, 3830 - 43 Avenue	Friday	Dec. 11	9:00 a.m. - 12:00 Noon & 1:00 p.m. - 4:00 p.m. MST
Wildrose Building *NEW*	Wednesday	Dec. 16	1:00 p.m. - 8:00 p.m. MST
Community Health Services Building, 3830 - 43 Avenue	Friday	Dec 18	9:00 a.m. - 12:00 Noon & 1:00 p.m. - 4:00 p.m. MST
	Friday	Jan. 8, 15 & 22	9:00 a.m. - 12:00 Noon & 1:00 p.m. - 4:00 p.m. MST
LOON LAKE Seniors Centre	Monday	Dec. 14	10:30 a.m. - 2:30 p.m. CST
MAIDSTONE Maidstone Health Complex	Friday	Dec. 11	9:00 a.m. - 12:30 p.m. & 1:30 p.m. - 4:00 p.m. MST
MEADOW LAKE Community/Public Health Office	Thursday	Dec. 10	9:00 a.m. - 4:00 p.m. CST
	Wednesday	Dec. 16	1:00 p.m. - 8:00 p.m. CST
PARADISE HILL Paradise Hill Seniors Centre	Tuesday	Dec. 15	9:00 a.m. - 3:00 p.m. CST
PIERCELAND Seniors Activity Centre	Tuesday	Dec. 15	10:30 a.m. - 2:30 p.m. CST
ST. WALBURG St. Walburg Seniors Centre	Monday	Dec. 14	9:00 a.m. - 3:00 p.m. CST
THE BATTLEFORDS Primary Health Centre, Frontier Mall	Monday	Dec. 7, 14 & 28	9:00 a.m. - 12:00 Noon & 1:00 p.m. - 4:00 p.m. CST
	Monday	Jan. 4 & 11	9:00 a.m. - 12:00 Noon & 1:00 p.m. - 4:00 p.m. CST
TURTLEFORD Turtleford Seniors Centre	Monday	Dec. 7	9:00 a.m. - 3:00 p.m. CST

A minimum 21 days is recommended between the first dose your child received, and the second dose your child requires.

The following groups of children who have already received H1N1 vaccine require the second dose:

- Children age 6 months to under 3 years
- Children age 3 years to 9 years with chronic medical conditions.

Healthy children ages 3 years to 9 years **DO NOT** require a second dose of H1N1 vaccine.

Seasonal influenza vaccine is also available at the Immunization Clinics. As usual, the seasonal flu shot is free for at risk persons, and is available at a cost of \$25 for people not at risk.

For more information about PNHR's H1N1 Influenza Immunization campaign:

- Call (toll free) **1-877-833-4161**
- visit www.pnrha.ca