

# NAVIGATING PHYSICIAN SERVICES IN MEADOW LAKE



## What is happening with physician services in Meadow Lake?

The Saskatchewan Health Authority is committed to ensuring that you are updated about the short term and long term efforts to recruit physicians to the community.

A collaborative team including Meadow Lake physicians is working to bring new physicians to the area.

For now, the team has been able to ensure that emergency services, obstetrical services, surgical services and walk-in clinic services are continuing with only limited interruptions.

Updates will be provided through local media and social media if there is a change to service delivery.

### HEALTH INFORMATION

is available 24/7  
by calling **HEALTHLINE** at  
**811.**

**FOR EMERGENCIES,  
call 911.**

## Are non-physician services still available?

Appointments can be made with the following professionals without a referral from your physician:

- Diabetes Nurse Educator
- COPD Nurse Educator
- Dietician
- Mental Health Counsellor
- Strides Program
- Sexual Health Drop-in Clinic - Tuesdays 1 –4 p.m.

## What if I am expecting a baby?

Appointments are continuing to be made available for prenatal patients.

Obstetrics providers continue to be available 24/7 for low risk deliveries.

However, there may be 2 to 3 days a month when no coverage is available for C-section deliveries.

**In the event that you require these services during times of reduced coverage, you will be referred to a higher level facility.**

## What if I have a chronic condition?

The Chronic Disease Nurses (CDNs) will continue to see you for your regular appointments.

The CDNs will have access to a physician to renew your medications, review your labs and discuss your pertinent health issues.

The Chronic Disease nurses will also work with you to arrange for you to

## What about my results if my physician is leaving?

A resource physician will be allocated each day to review all incoming results and reports ordered by departing physicians.

Patients with standing lab orders can present to the lab. The lab order will be automatically transferred to an interim physician.

## Who is my point of contact?

All physicians in Meadow Lake (remaining and departing) are connected with a Registered Nurse (RN) Case Manager. Your RN Case Manager is your point of contact if you have questions regarding your health.

## Did you know that pharmacists can help you with the following?

- Minor ailments & conditions including:

<i>Acid reflux</i>	<i>Athletes' foot</i>
<i>Ring worm</i>	<i>Atopic dermatitis</i>
<i>Jock itch</i>	<i>Strains and sprains</i>
<i>Cold sores</i>	<i>Conjunctivitis</i>
<i>Diaper rash</i>	<i>Hay fever</i>
<i>Headaches</i>	<i>Seasonal allergies</i>
<i>Oral thrush</i>	<i>Painful periods</i>
<i>Nail infection</i>	<i>Erectile dysfunction</i>
<i>Obesity</i>	<i>Skin infections</i>
<i>Canker sores</i>	<i>Urinary tract infections</i>
<i>Shingles</i>	<i>Mild acne</i>
- Starting contraception
- Renewing/extending prescriptions
- Prescribing emergency contraception
- Changing drug dosage/formulation
- Making therapeutic substitutions

**Contact your local Pharmacy for more information!**

The Saskatchewan Health Authority is committed to providing quality health care and services. If you have a concern about your care or services contact us at **306-236-1558**.

## Are any physicians taking new patients?

To find out about local physicians accepting new patients, check our listing at:

**[www.saskhealthauthority.ca](http://www.saskhealthauthority.ca)**

Click on the link '**Doctors accepting new patients**'. Look under 'Prairie North' and the link will take you to the most current listing of physicians accepting new patients throughout the former health region.

You can also contact the Meadow Lake Primary Health Care Centre at **306-236-5661**.

The Meadow Lake healthcare team is committed to continued delivery of high quality, timely health care for our community.

Your patience during this period of transition in medical staff is appreciated. You can help by using our community's health care resources

Meadow Lake Primary Health Centre  
218 Centre Street  
Meadow Lake, SK S9A 1L6  
P: 306-236-5661 | F: 306-236-4355



**[saskhealthauthority.ca](http://saskhealthauthority.ca)**