



**PRAIRIE NORTH REGIONAL  
HEALTH AUTHORITY**

**POLICIES & PROCEDURES**

**Number: 15000**  
**Category: Continuing Care**  
**Title: Bowel Care – Administration of Fleet Enema**

**Approved by: VP Integrated Health Services**



Review Date:					
Initial:					

**Source: Director Continuing Care Services & Director Rural Facilities**  
**Date Effective: May 2007**

**PURPOSE**

To describe correct administration of a fleet enema for treatment of constipation or as a preparation for a diagnostic procedure and/or surgery.

**POLICY STATEMENT**

It shall be the policy of Prairie North Regional Health Authority that all enemas, including fleet enemas, should be administered following current nursing practice guidelines.

Enemas will be administered by those who have received training in the procedure within their scope of practice and where the procedure is recognized as being within the competency profile of the employee.