



**PRAIRIE NORTH REGIONAL
HEALTH AUTHORITY**

POLICIES & PROCEDURES

Number: 15002(P)
Category: Continuing Care
Title: Safe Lifting Protocol

Approved by: VP Integrated Health Services

Review Date:					
Initial:					

Source: Director Continuing Care Services & Director Rural Facilities
Date Effective: May 2007

PROCEDURE

1. Upon admission each resident/patient will be assessed utilizing the Transferring/Lifting/Repositioning principles to determine the most appropriate mode to accomplish the task.
2. A logo will be placed at the head of the resident's/patient's bed indicating the most appropriate transfer/lift/repositioning method to use.
3. The assessment of the resident/client/patient's ability is ongoing to determine the most appropriate transferring/lifting/repositioning method and the type of sling to be utilized.
4. The logo will be changed if the status of the resident's/patient's ability to transfer/lift/reposition changes.
5. The result of the assessment will be documented in the care plan for access for staff.
6. Two staff members will perform each lift and for any standing transfer assessed as requiring assistance of two staff as per Transfer/Lifting/Repositioning Program.
7. Before implementing any lift, the sling will be checked for wear and to ensure that the sling is appropriate to the lift and resident/patient body type and the lift will be visually checked for any malfunction.
8. Staff will refer to the policy – Safety Measures for Lifting Devices and Slings regarding the checking and care of slings and lifts.
9. One staff member performs the actual lift while the second staff member monitors the procedure to ensure a safe lift occurs and provides assistance as required.